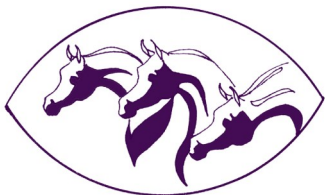


Northern Minnesota Arabian Horse Association



NMAHA NEWSLETTER

October/November 2021



Darice Whyte

Inside this issue:

Page 2— President’s Perspective

Page 3-5— Minutes

Page 6-8—Gamilah Unbridled

Page 9— AHA Discovery Farm

Page 10— Contact Information

Dates to Remember:

December 1, 2021— NMAHA Ambassador Forms Due

December 1, 2021—NMAHA Hands & Hooves Forms Due

December 11, 2021— NMAHA Meeting, Paynesville, MN

President's Perspective

Thoughts from my perspective...

Fall has quickly come upon us, and the trees are beautiful right now in the surrounding area. I love my morning drive to work as there is a hillside with different types of oak trees and birch and the colors are so striking with the morning sun on them.

We had our meeting in person and via zoom. Thank you, Lee Ann, for hosting our meeting. We reviewed our 2021 shows status along with approving our budget for next year. We are set at this time for both our May show and June show, just needing to do final work on class list, etc. We will renew our WSCA and Tri-State Horsemen's Assoc. memberships therefore if you show in open WSCA shows and are a member of the club on May 31, 2021, you may compete in their Championship Show, (if you qualify) and will receive points if participating in the Tri-State program.

New officers were elected. I thank the members who stepped forward to do a position as an officer or board member. The new officers will start their role after the January meeting.

We participate in the Arabians Unplugged program. The year-end awards will be on Nov. 6th Congratulations to our members who will be receiving awards.

We will have a meeting in December. Please watch the website or contact an officer for the meeting information.

Until then I wish all a Happy Thanksgiving. Stay safe and well.

Lynda Frenchick

NMAHA President

Meeting Minutes

October 2021

The meeting was held at the residence of Brian and Lee Ann Mueller in Royalton, MN on October 16, 2021. There was a potluck prior to the meeting. President, Lynda Frenchick called the meeting to order at 1:08. Members present in person were: J. Liestman, L. Frenchick, R. Gilbert, J. Liestman, M. Smith, L. Mueller, M. Beecroft, V. Temp and M. Beecroft. Members present via Zoom were: K. Frenchick.

There was a motion made to approve the minutes as published in the last newsletter by Mary S. and a second by Roz G.

Treasurer Report:

Prior to the meeting, Valerie emailed reports to the officers and board. Valerie T. gave an overview of recent activity.

Funds still haven't been put into a CD, since rates are the same for a checking account as for a certificate of deposit, which is low.

Roughly a profit of \$8,000 was made for the year, with both the May and June shows making a profit.

Roz G. made the motion to approve the Treasurer's report and Jean L. seconded the motion.

Committee Reports:

The One Day Shows for 2022:

An update was given by both Mary S. and Roz G.:

- Any ideas are welcome for awards/prizes, as our supply has been depleted. Something able to display our logo (towels, tumblers, polo wraps, etc) is preferred.
- Perhaps in 2022 there will be PtHA classes added to our show. This is still in the brainstorming stage and would involve having a judge who holds a PtHA judges' card.
- Since the numbers are down in hand classes for 2022 that might be TBA classes.
- It is beneficial if Roz G. is given feedback ASAP after she sends out the tentative class list in January.
- Hoping to have access for exhibitors to pay with a credit card at the show. A "convenience fee" may need to be charged to offset our costs for offering this service.

June Show:

Lynda F. gave an update on the June show for 2022:

- The fairgrounds are booked for June 4, 2022.
- We need to decide if in 2022 we will still offer two judges.
- Perhaps offer Ranch Riding classes, in hope of increasing our class participation.

Ambassador Program:

Jean L. gave an update:

- So far there have been 4 participants who have turned in forms for the Ambassador Program.
- Several have mentioned that they are keeping track of their hours for the Hands and Hooves Program. Both are done on November 25, 2022 for the year and need to be postmarked by December 1st, sent to Jean L.

Meeting Minutes Continued

Committee Reports (Cont):

Royalty:

Jaime L. reported that there is no new update on the Royalty.

Youth:

It would be great to start preparing a few of our youth members for the Youth Judging and Hippology Contest.

OLD BUSINESS:

Registration of Delegates:

Lynda F. and Kaitlyn F. have filled out the registration for the AHA Convention. Lynda F. will send them in along with payment.

NEW BUSINESS:

Horseman's Distress Fund:

- The donation for the Horseman's Distress Fund is made online again this year. Roz G. made the motion to donate \$400.00 with Missy B. seconding the motion. Valerie will get this taken care of.

WSCA Membership:

- Lynda F. will renew our membership for another year.
- Perhaps we should advertise for our shows/club in the WSCA Spotlight
- It maybe wise to select a designated person from NMAHA to attend the WSCA meetings.

Tri-State:

- The NMAHA Tri-State membership will be renewed.

Arabians Unplugged:

- The Arabians Unplugged Awards banquet is to be held on November 6, 2021 from 1:00-3:00 PM at the Pizza Ranch in Monticello, with the Steering Committee meeting at 11:00.

Proposed Budget:

Mary S. reported on the proposed budget for 2022.

- The budget for adverting has increased.
- \$550 for the Ambassador Program(s) — \$150 of that is transferred from the Royalty budget since we will not be having Royalty in 2022.

Lee Ann M. approved the proposed budget with the adjustments as noted with a second to the motion by Missy B.

Resolutions:

Mary S. went over the Resolutions being discussed and voted on at the AHA Convention.

- These resolutions are available to view on the AHA website.

Meeting Minutes Continued

Other:

Election of NMAHA Officers and Board:

It was a white ballot with a motion made by Valerie T. and a second by Mary S.

The positions are as follows:

- President: Jean Liestman
- Vice President: Lynda Frenchick
- Treasurer: Valerie Temp
- Secretary: Jaime Liestman
- Board member position: Missy Beecroft

Discovery Farm:

Mary S. reminded us about the Discovery Farm program that AHA offers.

- This is a great way to show off the Arabian horses for those individuals/groups that would like to visit approved farms.

Gamilah Unbridled:

Jaime L. has been in contact with Patrick Sullivan who made a 2,500 mile journey bridless and bare-back on his Arabian horse(s).

- An interview will be done and placed in the NMAHA newsletter.

Meeting Dates: Next meeting is scheduled for December 4, 2021. Tentatively to be held at the Paynesville Area Community Center in Paynesville, MN.

The meeting was adjourned at 2:56 PM.

Jaime Liestman,

NMAHA Secretary

UPDATE: Meeting date has been changed to December 11, 2021— Paynesville, MN.

Gamilah Unbridled

Recently, Jaime Liestman had the opportunity to ask Patrick Sullivan, founder of Modern Day Horsemanship a few questions regarding his 2,500 mile journey from California to Kentucky. This wasn't just any 2,500 mile trek. It was done on his beloved Arabian mare, Gamilah, bareback and bridleless!

Enjoy the interview as it takes you on the amazing journey with Patrick and Gami.

Jaime: What sparked the idea for this journey?

Patrick: *"I've always tried to do my best to serve others. It was ingrained in me at an early age and that outlook has only strengthened as life goes on. The idea of being able to cross the country, while giving back to non-profits was something that I couldn't pass up."*

The more I became intertwined in the horse industry, the more I witnessed a need to give the horse a voice back. Give them the freedom to think and make decisions for themselves, by education. So by riding bridleless across the country, it brought awareness to this art of "liberty" that I became so passionate about."

Jaime: How much time did it take to plan this?

Patrick: *"This trip was in the planning for more than 4 years."*

Jaime: What was the biggest obstacle preparing for it and along the way?

Patrick: *"The biggest obstacle was easily the logistics*

of the trip both planning and riding. Figuring out where we were going to ride safely, sleep, get supplies, and the list goes on and on; was incredibly difficult.

In regards to the ride itself, the biggest obstacles were getting over the Mississippi river; which we ended up taking a ferry over. Along with navigating through the Rocky Mountains."

Jaime: What was the most challenging part for Gamilah?

Patrick: *"The most challenging part for Gami was riding a 400 mile stretch through eastern Colorado through Kansas without Hal, the other horse we brought along for the journey. Hal got injured, so Gami had to carry the weight while we waited on him to get healthy."*

Jaime: How many miles per day did you travel on average?

Patrick: *"Average about 20 miles a day."*



Photo courtesy of Gamilah Unbridled

Gamilah Unbridled

Jaime: What was the highlight of the ride?

Patrick: *"Riding along the loneliest highway in the nation, 500 miles across the desert. Not only did we have breathtaking views with riding over 10 mountain ranges but we got a big taste of how vast our American West is!"*

Hutchinson Correctional Facility. We were able to spend 3 days inside a prison, educating the male inmates on liberty techniques. They were one of five programs in the nation, that use BLM mustangs to help heal and educate. So inspiring to see how much the men healed the horses, and the horses healed the men.



Photo courtesy of Gamilah Unbridled

Stormhaven Youth Ranch- Witnessed a young man, 9 years old, with cerebral palsy; ride bridleless on a horse. Riding and being around the horse helped strengthen his mind, body, and soul."

Jaime: How do you hope your journey will impact others?

Patrick: *The biggest impact I believe we made was providing hope to people and horses. We went out of our way to give back education, time, and love to people and organizations that needed help. If nothing else, we hope that it provided a glimpse at the relationship you can develop with your equine partner. We look at these animals as family before anything else, and try to inspire others to do the same. "*

Jaime: What are your plans going forward?

Patrick: *"Will be starting a youth program to help educate kids and horses all over the world about liberty. Using people to heal horses and horses to heal people. The youth are our future and it is so important that they are taught a great foundation of horsemanship."*

Jaime: What lead you to Arabian horses?

Patrick: *"Arabian horses were the first horse that I was ever introduced to, and it was their soul that drew me in almost immediately. They are such an intelligent, beautiful, and amazing breed of horse*

that you want to be part of your family. The more time I spent around Arabian horses, the more I got closer to my faith. They are one of the biggest blessings of my life and will forever do my best to represent them in the best light."



Photo courtesy of Gamilah Unbridled

Gamilah Unbridled

Jaime: How many horses do you own/care for?

Patrick: *"I currently own 2 horses, but will care for about 15 at our family farm."*

Jaime: Do you feel this trip will help the public look at the Arabian horse in an even more favorable light?

Patrick: *"I most definitely hope so. Overall, there were two big comments that people made about our trip: first that we were doing it completely bridleless and at liberty; and two, it was on an Arabian horse. Arabian horses are capable of doing so many amazing things, and I believe completing this journey helped showcase more than anything else that they can be trusted in just about any situation to be your forever partner. Once an Arabian horse bonds and trusts you, they will do almost anything for you."*

Hal is the other horse I'm riding, 10 years old. Gami's brother and my sister's horse. Wouldn't have made it without him either. He has the heart of gold and is like the energizer bunny. Even after days of riding 25 miles, he's still ready for more.

This journey has been so incredibly inspiring and I'm so grateful every-day.

We've stopped at 17 non profits and hope to have stopped by 20 by the time the trip is done. We've also raised over \$50k total for the non-profits we've stopped at along the way. Rode through 9 states in total."

This profound statement was taken from the Gamilah Unbridled Facebook page. **Friday's Thought of the Week: Gamilah Unbridled Edition from May 21, 2021.**

"It's important to plan but not to be rigid in those plans. The value of remaining flexible is invaluable to any and all

things you plan on doing. Sometimes obstacles get in the way that we couldn't be prepared for because we had no way of knowing they would be there. And that's okay. This calls for us to regroup, reassess and worth with what we have to be flexible on how to get to where we want to go. The one thing that is constant and dependable in life is that things out of our control WILL come up. Do we throw in the towel and say it was never meant to be? Or do we remain flexible, adjust and keep it moving towards our goals?"

Patrick Sullivan

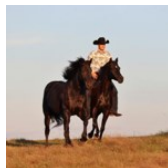
Founder- Modern-Day Horsemanship

469-328-4675

www.moderndayhorsemanship.com



Photo courtesy of Gamilah Unbridled



AHA Discovery Farm

What does it look like to be a Discovery Farm?

The goal of the Arabian Horse Association is to educate people who may not otherwise be familiar with the Arabian Horse World. By teaching them, giving them the chance to interact with the horses and community, and providing new and helpful resources AHA wishes to create a bright and successful future for Arabian Horse owners, breeders, and exhibitors.

Farms partaking in this program open their barn doors to visitors, can hold educational events and encourage those visiting to notice why the Arabian horse is a one of a kind breed.

Congratulations to Reflection Farm—Litchfield, MN on now being accepted as one of the Discovery Farms!



Northern MN Arabian Horse Association

Find us on the web at: www.NorthernMAHA.com

Facebook: Northern Minnesota Arabian Horse Association

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Proudly Promoting the Arabian Horse!